



### Allergy-friendly dining

Listed below are restaurants that offer allergy-friendly menus or that label allergens in foods for allergy-friendly dining. Check with individual restaurants to confirm details of allergy-friendly measures. For general inquiries regarding allergy-friendly dining, please contact the Okinawa Support Desk for Allergy (bottom of page).

| No.   | Name of facility         | Type    | Address                                  |
|---|--------------------------|---------|--|
| <b>Locations that accept prior consultation on food allergies</b> |                          |         |  |
| 3   | Resort Hotel Kume Island | Lodging | 411 Magari, Kumejima-chō, Shimajiri-gun  |
| 2   | KUMEJIMA EEF BEACH HOTEL | Lodging | 548 Janadō, Kumejima-chō, Shimajiri-gun  |
| 3   | CYPRESS RESORT KUMEJIMA  | Lodging | 803-1 Ōhara, Kumejima-chō, Shimajiri-gun |

As measures are based on Kumejima Town's own rules, a consultation desk is available within the Kumejima Island Concierge. \* Requires advance application

**For inquiries about allergy-friendly dining at Kumejima Island lodging facilities:**  
**Kumejima Concierge, Kumejima Tourism Association**  
 966-33 Nakadomari, Kumejima-chō, Shimajiri-gun, Okinawa Prefecture 901-3124  
 TEL:098-896-7010 www.kumejima-qol.com/

**For general inquiries regarding allergy-friendly dining**  
**Okinawa Support Desk for Allergy**  
 1496-6 Itoman, Itoman-shi, Okinawa Prefecture 901-0361  
 TEL/FAX: 098-996-2285

### Barrier-free dining

Listed below are restaurants that offer chopped foods and soft foods for barrier-free dining, as well as prior consultation. Check with individual restaurants to confirm details of allergy-friendly measures. For general inquiries regarding barrier-free dining, please contact the Barrier-Free Network Council (bottom of page).

| No. | Name of facility                         | Address                                      | Contact information |
|-----|--|--|---------------------|
| 1   | Hotel Southerncoast Miyakojima           | 335-1 Shimozato, Hirara, Miyakojima-shi      | 0980-75-3335        |
| 2   | Yume Patio Tarama                        | 18 Shiokawa, Tarama-son, Miyako-gun          | 0980-79-2988        |
| 3   | Ishigaki Resort Granvrio                 | 2481-1 Arakawa Funakura, Ishigaki-shi        | 0980-88-0030        |
| 4   | HOTEL GranView ISHIGAKI                  | 1 Tonoshiro, Ishigaki-shi                    | 0980-82-6161        |
| 5   | Vessel Hotel Ishigaki Island             | 1-2-7 Hamasaki-chō, Ishigaki-shi             | 0980-88-0101        |
| 6   | HOTEL East China Sea                     | 2-8 Misaki-chō, Ishigaki-shi                 | 0980-88-1155        |
| 7   | Toyoko INN Ishigaki-jima                 | 3-2-12 Hamasaki-chō, Ishigaki-shi            | 0980-88-1045        |
| 8   | Ailand Hotel Yonaguni                    | 4647-1 Yonaguni, Yonaguni-chō Yaeyama-gun    | 0980-87-2300        |
| 9   | National Okinawa Youth Friendship Center | 2760 Tokashiki, Tokashiki-son, Shimajiri-gun | 098-987-2306        |
| 10  | Resort Hotel Kume Island                 | 411 Magari, Kumejima-chō, Shimajiri-gun      | 098-985-8001        |
| 11  | KUMEJIMA EEF BEACH HOTEL                 | 548 Janadō, Kumejima-chō, Shimajiri-gun      | 098-985-7111        |
| 12  | CYPRESS RESORT KUMEJIMA                  | 803-1 Ōhara, Kumejima-chō, Shimajiri-gun     | 098-985-3700        |

**For general inquiries regarding barrier-free dining**  
**Naha Airport / Kokusai Dori Tourist Information Center for People with Disabilities and Seniors**  
 (Barrier-Free Network Council) TEL: 098-860-8046 (Kokusai Dori office)



### 6 Allergy-Friendly and Barrier-Free Catering and Bento Lunch Delivery Services

"Businesses able to provide allergy-friendly and barrier-free catering and bento lunch delivery services to tourists are listed here. Check with individual businesses to confirm details of allergy-friendly measures."

| Personal Food Service, Y.K. |  |
|-----------------------------|--|
| TEL                         | 098-893-7744   |
| Address                     | 2-10-20 Uehara, Ginowan City   |
| Business hours              | 8:00-18:00   |
| Regular holidays            | Sundays  |
| Delivery area               | Uruma City and further south, Yomitan, southern/central area (excluding some areas), northern area (Ginoza, Nago, Kin, parts of Motobu)  |
| Available foods             | Regular meals; soft meals; chopped and finely chopped meals; meals with thickening agent; meals for kidney conditions, diabetes, hypertension, and dialysis; others available following consultation |
| Delivery conditions, etc.   | General; seniors; nursery school children; facilities; groups  |
| Price                       | ¥600-¥730  |

| Consumer Cooperative, Okinawa Prefecture Seniors' Cooperative, Haisai Yanbaru |   |
|---|---|
| TEL   | 0980-53-5022  |
| Address   | 2-1-4 Umusanomori, Nago City  |
| Business hours  | 8:30-17:30  |
| Regular holidays  | Sundays   |
| Delivery area   | Nago City, Nakijin Village, Motobu Town, Ginoza Village, others possible following consultation   |
| Available foods   | Regular meals; soft meals; chopped meals; low-salt meals; meals for kidney conditions, diabetes and dialysis; calorie-controlled meals; allergy meals; oil-free meals; etc. |
| Delivery conditions, etc.   | General; seniors; nursing facilities; etc.  |
| Price   | ¥600-¥700   |

| Consumer Cooperative, Okinawa Prefecture Seniors' Cooperative, Haisai Navi |   |
|--|---|
| TEL  | 098-966-8006  |
| Address  | 6216 Onna, Onna Village   |
| Business hours   | 9:00-17:00  |
| Regular holidays   | Sundays   |
| Delivery area  | Uruma City, Kin Town, Onna Village, Yomitan Village   |
| Available foods  | Regular meals; soft meals; chopped meals; low-salt meals; meals for kidney conditions, diabetes and dialysis; calorie-controlled meals; allergy meals; oil-free meals; etc. |
| Delivery conditions, etc.  | General; seniors; nursing facilities; etc.  |
| Price  | ¥550-¥700   |

| Consumer Cooperative, Okinawa Prefecture Seniors' Cooperative, Haisai Awase |   |
|---|---|
| TEL   | 098-923-0496  |
| Address   | 3-23-1 102 Awase, Okinawa City  |
| Business hours  | 9:00-18:00  |
| Regular holidays  | Sundays   |
| Delivery area   | Okinawa City, Uruma City, Nakagusuku Village, Kitanakagusuku Village, Ginowan City, Chatan Town, Kadena Town  |
| Available foods   | Regular meals; soft meals; chopped meals; low-salt meals; meals for kidney conditions, diabetes and dialysis; calorie-controlled meals; allergy meals; oil-free meals; etc. |
| Delivery conditions, etc.   | General; seniors; nursing facilities; etc.  |
| Price   | ¥600-¥700   |

| Consumer Cooperative, Okinawa Prefecture Seniors' Cooperative, Haisai Naha |   |
|--|---|
| TEL  | 098-884-8335  |
| Address  | 3-15-1 101 Shurisueyoshicho, Naha City  |
| Business hours   | 8:30-18:30  |
| Regular holidays   | Sundays   |
| Delivery area  | Naha City, Urasoe City, Nishihara Town, Yonabaru Town, Haeburu Town   |
| Available foods  | Regular meals; soft meals; chopped meals; low-salt meals; meals for kidney conditions, diabetes and dialysis; calorie-controlled meals; allergy meals; oil-free meals; etc. |
| Delivery conditions, etc.  | General; seniors; nursing facilities; etc.  |
| Price  | ¥550-¥750   |

| K.K. Ichiba               |   |
|---------------------------|---|
| TEL                       | 098-072-1235                            |
| Address                   | 78-1 Hirara Shimozato, Miyakojima City  |
| Business hours            | 9:00-18:00                              |
| Regular holidays          | Open daily throughout the year          |
| Delivery area             | All of Miyakojima Island                |
| Available foods           | Regular meals; calorie-controlled meals |
| Delivery conditions, etc. | None                                    |
| Price                     | ¥300-¥600                               |

