

For Welcoming People with Physical Disabilities (wheelchair users)

<<Foreword to Issuance of this Manual>>

With the advent of an aging society, the creation of an environment that enables all people, including seniors and people with disabilities – whose market segments are projected to grow in the future – to enjoy traveling safely, securely and comfortably is an important point in expanding the tourism industry in Okinawa. This manual was prepared to offer fundamentals for welcoming seniors and people with disabilities, in particular. We hope that you will use this manual when attending to seniors and people with disabilities in particular. which will promote the creation of an environment in which all people can enjoy traveling with peace of

1. Four "Barriers"

It is said that four "barriers" exist in the lives of seniors or people with disabilities when they go out, travel, or engage in social activities. When considering how to welcome them, it is necessary to understand the presence of these "barriers" and remove obstacles.

- ☐ Physical barriers: Barriers caused physically in roads, buildings, homes, stations, etc.
- ☐ Cultural and Information Barriers: Barriers caused by the failure to provide information essential for daily life and transportation.
- ☐ Institutional Barriers: Barriers caused mainly by institutional restraints when people receive education, find employment, and lead self-reliant lives in their community.
- Barriers in Consciousness: Barriers caused by discrimination or prejudice against people with disabilities, or misunderstanding due to lack of understanding of them.

2. Attitude Toward and Key Points to Attending to Guests

Respect each person's dignity.

Respecting the dignity of seniors and people with disabilities is the basis of attending to them. They do not need any special treatment. You should attend to them in the same way as you do with other people. Instead of talking to the companion or caregiver, communicate with seniors or people with disabilities directly.

Understand correctly and respond to necessary assistance.

Each person has different levels of mental and physical functions and disability, and need different support. Avoid being judgmental but ask them to fully understand what kind of support they need. Avoid forcing support on them, but it is important to talk to proactively and communicate with them, to understand their needs. Make sure to grasp what they need and respond appropriately.

☐ Leave what they can do by themselves to them and avoid doing things you may not be capable of.

Even if people are old or have disabilities, they may not need all kinds of support. Respect their autonomous actions and watch over them when they do not need support. If you do not think that you can handle the situation on your own, avoid taking chances and ask people around you for cooperation.

Provide information on facilities and equipment.

People know the best the degree of their physical and mental conditions and disability, as well as necessary support. Whereas it is important to understand and respond to needs, it is also important to provide detailed information so that seniors and people with disabilities can make their own decisions.

If you do not know what to do when attending to people, talk to them by using two "magic words."

- *When you first meet: "Is there something I can help you with?"
- * When you do not know what to do when attending them: "How do you usually handle this?"

3. Characteristics of People with Physical Disabilities (Wheelchair Users)

[Characteristics of disabilities]

- ◆ Physical disability is a physical condition that affects the mobility of a person's limbs due to injury or
- ◆ Walking methods vary according to the conditions of the limbs (both hands and feet) and the core of the body (inner muscles).
 - Example) People using electric wheelchairs, self-propelled wheelchairs, canes and braces, and people with artificial legs and hands, etc.
- ◆ Wheelchairs and walking aids come in various types and sizes depending on the physical condition. Some people use such devices at all times, while others use them only when they go out.
- ◆ Some people with physical disabilities or wheelchair users go out with a service dog.

[Inconveniences in daily life]

- People with physical disabilities have difficulty using steps, stairs and on steep slopes.
- ◆ Some people with physical disabilities find it hard to walk a long distance or stand for a long time.
 - * Using a wheelchair requires more space than walking.
 - (It is important to check the width of aisles, etc., in the facility and prepare to answer such inquiries.)
- ◆ People with upper limb disabilities have difficulty in opening and closing manual doors or operating things with their hands.
- ◆ Wheelchair users sometimes have difficulty in finding a wheelchair-accessible toilet when they go out.
- ◆ Some people find it difficult to use an umbrella on a rainy day.
- ◆ Some people have difficulty in adjusting their body temperatures according to the temperatures of places that they are in.
- ◆ Some people have difficulty in speaking, and it is hard to communicate with them.

[ABC of communication]

♦ Make eye contact and communicate.

Wheelchair users have a low eye level.

It is important to listen to them while maintaining eve contact for communication.

◆ Speak to them and ask whether they need assistance. Even if they have a companion or care-giver, speak to them directly and confirm what they need.





Not all people with disabilities have the same difficulties.

Depending on physical conditions, some people can handle matters by themselves, such as stepping over small steps, opening and closing doors, or transferring to and from a wheelchair. Ask people with disabilities what support they need.

[A variety of wheelchair types (one example)]

There are many different types of wheelchairs. Some examples are as below.

■ Manual wheelchair (pushed by a helper)



A wheelchair used by seniors or injured people and pushed by a helper from behind.

■ Manual wheelchair (driven by the user)



A wheelchair that users drive themselves with their arms. Some are lighter than those pushed by a helper.

☐ Simple electric wheelchair



An electric wheelchair with a lightweight motor, etc. Operated by a joystick and can be switched between electric and manual operation

■ Electric wheelchair



Designed to meet user's conditions, such as the degree of disability and their health condition. There are various shapes and operating methods.

■ Reclining wheelchair



The angle of the seat and the back can be changed to resting and other positions. Some electric wheelchairs have a function to change sitting positions.

Wheelchairs are often customized to meet a user's physical conditions, and the width and other specifications vary.

Also, in places where wheelchairs are used, the space needs to be wide enough to allow maneuvering them in addition to the width of wheelchairs.

4. Points and Responses when Attending to Guests

1) Learn and inform people of the current status of the facility

- ◆ Check detailed information for the facility, such as the status of routes and whether there are steps or bumps to ensure the safe passage of wheelchairs.
- ◆ When providing information, offer as much detailed information as possible (visual information that enables people to confirm and make decisions, such as photos and illustrations) to ensure people themselves can decide whether they can use the facility.
- ♦ When providing information in the form of pamphlets, etc., pay attention to the size of letters and easy-to-understand expressions.
- ◆ If there are barrier-free related equipment and devices in the facility, also provide information on the type and number of the devices and how to borrow them.

[Information to check]

(Information that people with physical disabilities often inquire about)

- ☐ Entrances, passages, etc.: The width of entrances, presence of steps, the opening and closing of doors and whether doors can be locked, and the like.
- ☐ Toilets, bathrooms, etc.: The layout and size of toilet seats and bathtubs, presence of steps, availability and positions of handrails, etc.
- Bed: The layout of guestrooms (accessibility), the height and mobility of the bed, etc.

 * Understanding information in advance that guests want to know, such as the width of the door of
 - guestrooms and of passages and the height of beds (availability, size, etc., of equipment) can lead to smooth responses.

2 Learn and inform people of the current status of facilities in the vicinity

- ◆ Check detailed information on barriers and barrier-free status of various facilities in the vicinity related to regional tourism, such as tourist attractions, accommodations, commercial buildings, public services and other places, and offer information on the barrier-free status in the region.
- ♦ It is helpful when attending to guests if you confirm as much information as possible about services that are available in facilities in the neighborhood, such as the dispatch of care-givers and helpers.
- ♦ It is important to **check information on access to the accommodation** when arriving from railway stations or airports.
- ◆ Regarding information on access and traffic, provide detailed information, such as the barrier-free status in stations and airports, distance and travel times from stations and airports, in addition to offering a map. (Also, check information distributed by transportation companies.)

3 Considerations in communication

- ◆ Communicate with eye contact. **Proactively talk to people with physical disabilities** even when they are accompanied by a companion.
- ◆ Firstly, explain the barrier-free situation, such as services and routes in the facility to guests who use the facility.
- ◆ Some people are not good at taking in lots of information in a short period of time, so avoid using technical terms, jargon or abbreviations and lay out information slowly, clearly and concisely in a way to ensure it can be understood.
- ◆ It may be difficult to convey information sufficiently, so you should not only convey important information verbally but also make and hand out memos of it.
- While giving due consideration to privacy to the extent necessary, confirm whether guests have necessary information, and accurately understand and respond to the situation. Do not become complacent that guests have understood information without confirming with them.



4 Considerations in Attending to Guests

- ◆ When assisting and pushing people in a wheelchair, be sure to inform them of what you are going to do next.
- When sitting on a wheelchair, the speed of the wheelchair feels faster than the pusher thinks. Push the wheelchair while asking the user if this speed is too fast.
- ◆ Make sure the user's feet are on the ground when helping them in or out of the wheelchair. When starting to push a wheelchair, make sure that the sitter's feet are on the footrests.
- When guiding people to a seat, proactively talk to them and offer to them a seat that is as easy to use as possible after asking them or their companion about their preference. Do they want to stay in a wheelchair? Or, do they want to transfer to a seat? If they want to stay on the wheelchair, guide them to a table that allows their knees to be placed underneath the table.
- ◆ When getting on and off the elevator, move forward or backward depending on the situation (after confirming with the user).



- ◆ To ensure wheelchair users can move around smoothly, ask them if they have any requests, then **change the arrangement of furniture**, if requested.
- ◆ Change the arrangement of furniture and ensure that there is space enough for a wheelchair to move around and make turns.
- ◆ Inform guests of the types and positions of facilities and equipment in guestrooms when guiding them and make sure they can use them on their own.

[Examples of equipment and facilities that you need to confirm if guests can use on their own]

- Opening and closing of closets and the position and height of clothing racks
- ☐ The positions of remote controls and internal phones
- How to adjust the room temperature
 The position and height of the shower
- ☐ The height of the sink
- ☐ The place to put towels ☐ Accessibility of faucets (e.g. Can guests can reach them?
- □ Access to the toilet
 □ Can guests use the toilet on their own?



6 Considerations in case of emergency

- ◆ Confirm with guests whether they need assistance in evacuation, how to assist, how to contact them, etc., beforehand in case of an earthquake or fire.
- ◆ Unless guests give a room preference, choose guestrooms that enable them to exit easily in case of emergency.
- ◆ In the event of an emergency, such as an earthquake or a fire, it can be assumed that there will be delays for seniors and people with disabilities in obtaining information or evacuating. Therefore, it is important to make assumptions, preparations and have mental preparedness in advance.
- ◆ Check how to assist seniors and people with disabilities in their stay and the division of roles among staff during an evacuation drill and similar occasions. It is important to consider how deal with emergencies on a daily basis.

Prepare useful tools (For people with physical disabilities)

◆ Prepare necessary equipment to the extent possible for accommodation, bathing, and the like.

If facilities are available, inform guests in advance.

[Examples of barrier-free related fixtures]

☐ Shower chair ☐ Shower wheelchair ☐ Anti-slip mat ☐ Sponge mat for bathing ☐ Simple retro-fit handrail ☐ Extension cord, etc.



▲ Shower wheelchair

8 Help desk

- ◆ If you have any questions or problems with attending to seniors or people with disabilities, read this manual. If you are still not sure of what to do, contact the "Tourist Information Center for People with Disabilities and Seniors."
- ◆ The Tourist Information Center for People with Disabilities and Seniors is a help desk, located in the Naha Airport, Kokusai Street, and Naha Bus Terminal, to support seniors and people with disabilities. The center offers information on barrier-free facilities in Okinawa, such as where wheelchair-accessible facilities are located, to help ease the anxiety of travelers before and during travel.

[Tourist Information Center for People with Disabilities and Seniors]

- ☐ Tel: 098-858-7760
- Naha Airport: Arrival lobby on the 1st floor of Naha Airport Domestic Passenger Terminal, 150 Kagamizu, Naha City, Okinawa 901 0142

<<References>>

- ☐ Manual for Welcoming Seniors and People with Disabilities
- Issued by: Japan Tourism Agency, Ministry of Land, Infrastructure, Transport and Tourism (March 2018) Refer to: https://www.mlit.go.jp/kankocho/news06_000352.html
- □ Barrier-Free Tourism Manual by Industry --Toward Becoming a Fun-Filled and Amicable Tourist Destination for Everyone--

Issued by: Tourism Promotion Division, Department of Culture, Tourism and Sports, Okinawa Prefectural Government (March 2016) Refer to: http://okibf.jp/pref/manual/

Issued by: Tourism Promotion Division, Department of Culture, Tourism and Sports, Okinawa Prefectural Government



For Welcoming People with Visual Impairments

<<Foreword to Issuance of this Manual>>

With the advent of an aging society, the creation of an environment that enables all people, including seniors and people with disabilities – whose market segments are projected to grow in the future – to enjoy traveling safely, securely and comfortably is an important point in expanding the tourism industry in Okinawa. This manual was prepared to offer fundamentals for welcoming seniors and people with disabilities, in particular. We hope that you will use this manual when attending to seniors and people with disabilities in particular, which will promote the creation of an environment in which all people can enjoy traveling with peace of mind.

1. Four "Barriers"

It is said that four "barriers "	$^{\prime}$ exist in the lives of seniors or people with disabilities when they go out, trave
or engage in social activities	When considering how to welcome them, it is necessary to understand the
presence of these "barriers'	and remove obstacles.

- Physical barriers: Barriers caused physically in roads, buildings, homes, stations, etc.
- □ **Cultural and Information Barriers:** Barriers caused by the failure to provide information essential for daily life and transportation.
- ☐ Institutional Barriers: Barriers caused mainly by institutional restraints when people receive education, find employment, and lead self-reliant lives in their community.
- **Barriers in Consciousness:** Barriers caused by discrimination or prejudice against people with disabilities, or misunderstanding due to lack of understanding of them.

2. Attitude Toward and Key Points to Attending to Guests

□ Respect each person's dignity.

Respecting the dignity of seniors and people with disabilities is the basis of attending to them. They do not need any special treatment. You should attend to them in the same way as you do with other people. Instead of talking to the companion or caregiver, communicate with seniors or people with disabilities directly.

□ Understand correctly and respond to necessary assistance.

Each person has different levels of mental and physical functions and disability, and need different support. Avoid being judgmental but ask them to fully understand what kind of support they need. Avoid forcing support on them, but it is important to talk to proactively and communicate with them, to understand their needs. Make sure to grasp what they need and respond appropriately.

☐ Leave what they can do by themselves to them and avoid doing things you may not be capable of.

Even if people are old or have disabilities, they may not need all kinds of support. Respect their autonomous actions and watch over them when they do not need support. If you do not think that you can handle the situation on your own, avoid taking chances and ask people around you for cooperation.

□ Provide information on facilities and equipment.

People know the best the degree of their physical and mental conditions and disability, as well as necessary support. Whereas it is important to understand and respond to needs, it is also important to provide detailed information so that seniors and people with disabilities can make their own decisions.

If you do not know what to do when attending to people, talk to them by using two "magic words."
*When you first meet: "Is there something I can help you with?"

* When you do not know what to do when attending them: "How do you usually handle this?"

3. Characteristics of People with Visual Impairments

[Characteristics of the impairments]

Not all people with visual impairment are completely without sight.

Eyesight and the field of vision vary from person to person. (It is said that about 10% of people with visual impairments are completely blind.)

Example) Blindness, amblyopia, narrowing of the visual field (Limited visibility), color blindness (Some colors look different from their true colors), glaucoma (Part of the field of vision is missing), cataract (Things appear blurry), etc.

- ◆ Some people are born blind, but many people acquire a visual impairment partly due to disease.
- ◆ Some people who go out using a white cane while others move about with a guide dog.

[Inconveniences in daily life]

- People with visual impairments have difficulty in taking in information because they can only obtain limited amounts of visual information.
- It is important to guide people with visual impairments using sound, such as audio announcements and chimes.
- ◆ People with visual impairments find it hard to grasp space and ascertain the distance and route to their destination.
- ◆ Some people have difficulty reading or writing. In particular, many people with acquired visual impairments cannot read Braille, so considerations are needed, such as reading information out to them.
- ◆ It is difficult for people with amblyopia to have others notice by appearances that they have difficulties, which can cause misunderstanding.
- ◆ When the background of an information board and the text are the same color, some people find it difficult to read the content.

It is important to use contrasting colors.

[ABCs of communication]

- ◆ Speak to people with visual impairments from the front and ask them if they need support. They may not be aware that they are being spoken to. They will feel more comfortable if you reveal your job and name first when speaking to them. Example) "I am △ △ from ○ × Hotel. May I help you?"
- ◆ Give information with words and sounds. The key is to turn visible information into audible information.
- ◆ To explain what is on a dining table or in a room, use the clock position and explain it to them in an easy-to-understand manner.

Example (1): Salad is in the 1 o'clock direction.

There's hot soup in the direction of 9 o'clock.

Example (2): With the door behind you, there is ●● in the direction of 3 o'clock.

♦ If people with visual impairments hold their white cane about 50 cm above their head, it is a "white cane SOS signal."
 Speak to them from the front, ask them if there is a problem, then assist them.



▲ Clock position



▲White cane SOS signal

Guests whom you attend to as "healthy people" may actually feel stressed because they have "difficulty in seeing." Speak to them from the front and speak clearly with "a smiling voice." Also, when you attend to them, introduce yourself first and then ask them what information they want.

[Guide Dogs (assistance dogs for people with physical disabilities)]

Some people with visual impairments go out with a guide dog.

- ◆ Among the assistance dogs for people with physical disabilities (guide dogs, service dogs, and hearing dogs), a "guide dog" is equipped with a white or yellow harness to support people with visual impairments in walking safely and comfortably.
- Even if they are with an assistance dog, speak to them and ask whether they need support.
- ◆ Inform people with an assistance dog if their dog causes trouble to people around them, such as where the dog is sitting.
- ◆ When you are asked where the dog may defecate, confirm the preferred place and guide them there.
- ◆ Since there are people who are allergic to dogs and people who do not like dogs, ask people around if it is alright before taking a seat.

If people with visual impairments have a white cane or the harness of a guide dog, never touch their cane or harness, the hand holding such things. Basically, stand on the opposite side to the hand holding a harness or cane, but first ask how they want to be guided.



4. Points and Responses when Attending to Guests

1 Learn and inform people of the current status of the facility

- ◆ Check facility information in detail, such as the status of routes and whether there are steps or bumps.
- ◆ When providing information, offer as much detailed information as possible to ensure people with visual impairments can decide whether they can use the facility.
- ◆ Since some people with visual impairments tend to trip on low steps or even gentle slopes, **check slippery or risky spots in advance** and guide them prior to their actual use when there is a large public bath in the facility.

2 Learn and inform people of the current status of facilities in the vicinity

- ◆ Check detailed information on barriers and barrier-free status of various facilities in the vicinity related to regional tourism, such as tourist attractions, accommodations, commercial buildings, public services and other places, and offer information on the barrier-free status in the region.
- ◆ It is helpful when attending to guests if you confirm as much information as possible about services that are available in facilities in the neighborhood, such as the dispatch of care-givers and helpers.
- ◆ It is important to **check information on access to the accommodation** when arriving from railway stations or airports.
- ◆ Regarding information on access and traffic, provide detailed information, such as the barrier-free status in stations and airports, distance and travel times from stations and airports, in addition to offering a map. (Also, check information distributed by transportation companies.)

3 Considerations in communication

- ◆ Firstly, tell them that you are staff of the facility and your name and guide them to the check-in or reception counter.
- ◆ Firstly, explain the barrier-free situation, such as services and routes in the facility to guests who use the facility.
- ◆ Some people are not good at taking in lots of information in a short period of time, so avoid using technical terms, jargon or abbreviations and lay out information slowly, clearly and concisely in a way to ensure it can be understood.
- While giving due consideration to privacy to the extent necessary, confirm whether guests have necessary information, and accurately understand and respond to the situation.
 Do not become complacent that guests have understood information without confirming with them. If people with visual impairments wish, fill in forms, etc., on their behalf.
- ♦ When you leave your seat, tell them that you are leaving. On returning, inform them that you are back.
- ◆ When giving or receiving money, read out the names of coins and bills for mutual confirmation.

4 Considerations in Attending to Guests

- ◆ When informing guests of directions, say, "There is in the direction of o'clock." or "We are turning in the direction of o'clock." Use clock positions in this way for ease of understanding.
- ◆ When guiding people with visual impairments, you should always walk a half step ahead of them and have them hold your elbow.
- If people with visual impairments are tall enough, you can have them hold your shoulder. Instead of you holding guests, you should have them hold part of you that is comfortable for them.
- ◆ Alert them before going over a step or changing the direction.
- "We will go 10 meters and turn right in the direction of 2 o'clock. In this way, tell them what you are going to do well before doing so.
- ◆ When using an escalator, have them hold the handrail and tell them the timing in order to avoid stepping on two steps at the same time.
- ◆ When boarding a taxi, have them touch the door or the roof of the car and board it after they confirm it is safe.

5 Considerations when dining

- ◆ Attract the attention of guests, explain the menu, **lead their hands** to hand towels or dishes for them **to confirm the positions.**
- Regarding the location of dishes, "There is soup in the direction of o'clock." In this way, use clock positions to explain.
- ◆ To explain the menu, and for ordering and paying the bill, communicate with people with visual impairments directly even when they are accompanied by their caregiver.

 If guests wish, read out the menu and guide them.

6 Considerations in questrooms

- ◆ When guiding guests to their room, walk at their pace.
- ◆ In order for guests to know the correct direction that they should take once they leave their room, relative to having the door behind you, inform them of the positions, directions and distances of elevators, hand rails, emergency exits and evacuation routes prior to them entering the room for the first time.
- ◆ After entering the room, have them confirm the layout of the room, the position of furniture, how to use equipment and the location of the remote control by **actually touching these things with their hands.** In particular, it is necessary to carefully have the guest confirm the toilet (how to use it, the position of the toilet paper, etc.), and the bathroom (steps at the entrance, the location of shampoo, etc.).
- ◆ Be sure to tell them if the window is open or closed.
- ◆ If the room number is not noted on the door of the guestroom with raised numbers, mark the door knob with a rubber band or a ribbon to tell their guestroom from other ones.
- ◆ If the key of the guestroom is the card key type, pay special attention by marking the card to prevent the key from being inserted in the wrong direction.

7 Considerations in case of emergency

- ◆ When passing dangerous spots, ensure that people with visual impairments walk on the safer side.
- ◆ Pay attention to obstacles from your feet to the height of your face while guiding them.

 When you want to avoid an obstacle or turn the corner, say, for example, "We are turning right," and make the turn.
- ◆ Confirm with guests whether they need assistance in evacuation, how to assist, how to contact them, etc., beforehand.
- ◆ Unless guests give a room preference, choose guestrooms that enable the guests to exit easily in case of emergency.
- ◆ In the event of an emergency, such as an earthquake or a fire, the spread of information and evacuation tend to be delayed. Therefore, it is important to make **assumptions**, **preparations**, **and have mental preparedness in advance**.
- ◆ Check how to assist guests and the division of roles among staff during evacuation drills and similar occasions. It is important to consider how to deal with emergencies on a daily basis.

8 Prepare useful tools

◆ Prepare necessary equipment to the extent possible for accommodation.

[Examples of barrier-free equipment]

- Shampoo bottles with raised dots*
- ☐ Digital clocks with voice announcements
- ☐ Clocks that can be touched with hands, or the like

* Commercial shampoo bottles have raised dots on their sides to distinguish them from conditioner



9 Help desk

- ◆ If you have any questions or problems with attending to seniors or people with disabilities, read this manual. If you are still not sure of what to do, contact the "Tourist Information Center for People with Disabilities and Seniors."
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Issued by: Tourism Promotion Division, Department of Culture, Tourism and Sports, Okinawa Prefectural Government



For Welcoming People with Hearing Difficulties

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It is said that **four "barriers"** exist in the lives of seniors or people with disabilities when they go out, travel, or engage in social activities. When considering how to welcome them, it is necessary to understand the presence of these "**barriers**" and remove obstacles.

- ☐ Physical barriers: Barriers caused physically in roads, buildings, homes, stations, etc.
- □ **Cultural and Information Barriers:** Barriers caused by the failure to provide information essential for daily life and transportation.
- ☐ **Institutional Barriers:** Barriers caused mainly by institutional restraints when people receive education, find employment, and lead self-reliant lives in their community.
- Barriers in Consciousness: Barriers caused by discrimination or prejudice against people with disabilities, or misunderstanding due to lack of understanding of them.

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□ Understand correctly and respond to necessary assistance.

Each person has different levels of mental and physical functions and disability, and need different support. Avoid being judgmental but ask them to fully understand what kind of support they need. Avoid forcing support on them, but it is important to talk to proactively and communicate with them, to understand their needs. Make sure to grasp what they need and respond appropriately.

□ Leave what they can do by themselves to them and avoid doing things you may not be capable of.

Even if people are old or have disabilities, they may not need all kinds of support. Respect their autonomous actions and watch over them when they do not need support. If you do not think that you can handle the situation on your own, avoid taking chances and ask people around you for cooperation.

□ Provide information on facilities and equipment.

People know the best the degree of their physical and mental conditions and disability, as well as necessary support. Whereas it is important to understand and respond to needs, it is also important to provide detailed information so that seniors and people with disabilities can make their own decisions.

If you do not know what to do when attending to people, talk to them by using two "magic words."
*When you first meet: "Is there something I can help you with?"

* When you do not know what to do when attending them: "How do you usually handle this?"

3. Characteristics of People with Hearing Difficulties

[Characteristics of the difficulties]

- ◆ How much can be heard varies depending on the person with the hearing difficulties. Some cannot hear at all, some can hear with only one ear, whereas others cannot hear high-pitched sounds, and still others wear a hearing aid to support hearing.
- ◆ Some people with hearing difficulties go out with a hearing guide dog.
- ◆ Some people may have difficulty in pronouncing words correctly due to their hearing difficulties.

[Inconveniences in daily life]

- ◆ Since it is difficult to judge by appearance, people with such difficulties may have trouble having other people recognize their situation, which can cause misunderstanding and inconvenience. Example: When people greet or talk to people with hearing difficulties, the person doing the greeting may not receive a response and then feel ignored.
- ◆ People with hearing difficulties have difficulty in recognizing information through voices or chimes and other sounds.
- It is important to convey information in visual form, such as letters and illustrations, to people with hearing difficulties.
- ◆ People with hearing difficulties have difficulty in verbal communication. Even people with a hearing aid cannot necessarily hear everything.
- ◆ People with hearing difficulties may find it hard to communicate without seeing the facial expression of the people they are talking to, such as when talking over a counter or to a person wearing a face mask.

[ABCs of communication]

- ◆ Talk to people with hearing difficulties in a position that allows you to be in their sight.
- ◆ Make it a rule to get into their sight and make eye contact. Avoid talking to them from behind or touching them without warning. Choose a communication method that best suits the needs of people with hearing difficulties.
- ◆ Confirm communication methods, such as spoken language, communication in writing, body language, gestures, and writing in the air.

When you communicate in writing or other similar methods, focus on the points and keep it concise.

Some people with hearing difficulties can understand conversations to a certain degree by lip-reading. **Talk with attentive eye contact.** Additionally, **use writing or gestures** and check whether you are correctly understood.

[Introduction of various signs related to hearing difficulties]

Displaying them at the counter will make users feel comfortable.

■ Ear Sign



☐ Sign Language Sign



(General incorporated association) All Japan Association of Hard of Hearing and Late-Deafened People https://www.zennancho.or.jp/

(General incorporated foundation) Japanese Federation of the Deaf http://www.jfd.or.jp/

[Hearing Dogs (assistance dogs for people with physical disabilities)]

Some people with hearing difficulties go out with a hearing dog.

- ◆ Among assistance dogs for people with physical disabilities (guide dogs, service dogs, and hearing dogs), the "hearing dog" informs people with hearing difficulties of the existence of necessary sound and takes them to where the sound is coming from.
- ◆ Even if people are with an assistance dog, speak to them and ask whether they need support.
- ◆ Inform people with an assistance dog if their dog causes trouble to people around them, such as where the dog is sitting.
- ◆ When you are asked where the dog may defecate, confirm the preferred place and guide them there.
- ◆ Since there are people who are allergic to dogs and people who do not like dogs, ask people around if it is alright before taking a seat.



4. Points and Responses when Attending to Guests

1 Learn and inform people of the current status of the facility

- ◆ Check facility information in detail, such as the status of routes and whether there are steps or bumps.
- ◆ When providing information, offer as much detailed information as possible to ensure people with hearing difficulties can decide whether they can use the facility.
- ◆ If there are barrier-free related equipment and devices in the facility, also provide information on the type and number of the devices and how to borrow them.

2 Learn and inform people of the current status of facilities in the vicinity

- ◆ Check detailed information on barriers and barrier-free status of various facilities in the vicinity related to regional tourism, such as tourist attractions, accommodations, commercial buildings, public services and other places, and offer information on the barrier-free status in the region.
- ◆ It is helpful when attending to guests if you confirm as much information as possible about services that are available in facilities in the neighborhood, such as the dispatch of care-givers and helpers.
- ◆ It is important to **check information on access to the accommodation** when arriving from railway stations or airports.
- ◆ Regarding information on access and traffic, provide detailed information, such as the barrier-free status in stations and airports, distance and travel times from stations and airports, in addition to offering a map. (Also, check information distributed by transportation companies.)

3 Considerations in communication

- ◆ Firstly, explain the barrier-free situation, such as services and routes in the facility to guests who use the facility.
- ◆ For information on the facility, prepare brochures, etc., that **present visual information**.
- ◆ Some people are not good at taking in lots of information in a short period of time, so avoid using technical terms, jargon or abbreviations and lay out information slowly, clearly and concisely in a way to ensure it can be understood.
- ◆ It can be assumed that some guests will miss explanations, fail to ascertain information, or find it difficult to get their bearings. Therefore, pay special attention and **hand them a memo about important information**.
- ◆ Speak while checking whether your information is being conveyed properly.
- ◆ People with hearing difficulties may feel tired after "concentrating on watching you" while trying to follow your explanation. Be attentive and take a short break.
- ◆ When you speak, make sure to maintain eye contact at all times.
- ◆ There are many terms and words that are easier to understand if using body language. **Speak with your body and use hand gestures.**
- While giving due consideration to privacy to the extent necessary, confirm whether guests have necessary information, and accurately understand and respond to the situation.
 Do not become complacent that guests have understood information without confirming with them.
- ◆ Some people may try to understand your speech by lip-reading. Take off your face mask when you speak.
- ◆ When you receive a payment, special attention should be paid to the conditions of guests, such as indicating the amount of money clearly in such manners as "pointing at the column that shows the amount" and "writing and presenting the amount on a separate sheet."

4 Considerations in Attending to Guests

- ◆ When people with hearing difficulties make an inquiry in advance, they often use email or fax. Send your replies by email or fax.
- ◆ Take guests to their seats while speaking to them through a writing board for communication, lipreading, etc.
- ◆ Carry a pen and notebook for communication-in-writing at all times just in case. **The mail function of mobile phones** is also often used, so make the best of it.
- ◆ When communicating in writing, it will take time if you try to write your speech word by word. Write as concisely as possible.
- ◆ When calling or attracting the attention of people with hearing difficulties, tap the desk with your fingers.
 Get their attention through the vibration.
- ◆ When dining, make sure to avoid mistakes by hand gestures, such as pointing to the dish they want.

5 Considerations in questrooms

- ◆ As people with hearing difficulties find it hard to communicate through internal phones, establish a system that enables just a call to the front desk to send a staffer to their room, and inform them of that system when introducing the facility.
- ◆ Some people cannot understand information just through verbal explanation, so prepare memos or materials that explain how to use equipment or devices.
- ◆ The television is a valuable source of information, so people with hearing disabilities **need to view it with subtitles**.

Check for the availability of the subtitle button beforehand and, if there is a request from a person with hearing disabilities, special attention needs to be paid to loan them such a remote control that is compatible with the TV.

Check how to view subtitled TV programs beforehand in case you are asked.

6 Considerations in case of emergency

- As people with hearing difficulties cannot catch announcements or emergency alarms in the facility to call for evacuation in a disaster, they may miss out on urgent information. It is required to establish contact information and make arrangements in advance, such as asking them not to use the door chain in their room.
- ◆ Confirm with guests beforehand whether they need assistance in evacuation, how to assist, how to contact, etc., in case of an earthquake or fire.
- ◆ Unless guests give a room preference, choose guestrooms that enable the guests to exit easily in case of emergency.
- ◆ In the event of an emergency, such as an earthquake or a fire, the spread of information and evacuation tend to be delayed. Therefore, it is important to make **assumptions**, **preparations**, **and have mental preparedness in advance**.
- ◆ Check how to assist guests and the division of roles among staff during evacuation drills and similar occasions. It is important to consider how to deal with emergencies on a daily basis.

7 Prepare useful tools

 Prepare necessary equipment to the extent possible for accommodation.

[Examples of barrier-free equipment and tools]

- Board for communication-in-writing
 Flash bell *
 UD talk *. etc.
- A "Flash bell" is a device that responds to the chime of a room or the ring tone of a phone and notifies the user with light. It converts audio information into visual information.
- * "UD Talk" is an "app for supporting communications and visualizing conversations." When you talk to a smartphone your voice is transformed into text to facilitate communication with people with bearing difficulties

etc.

8 Help desk

- ◆ If you have any questions or problems with attending to seniors or people with disabilities, read this manual. If you are still not sure of what to do, contact the "Tourist Information Center for People with Disabilities and Seniors."
- ◆ The Tourist Information Center for People with Disabilities and Seniors is a help desk, located in the Naha Airport, Kokusai Street, and Naha Bus Terminal, to support seniors and people with disabilities. The center offers information on barrier-free facilities in Okinawa, such as where wheelchair-accessible facilities are located, to help ease the anxiety of travelers before and during travel.

[Tourist Information Center for People with Disabilities and Seniors]

- □ Tel: 098-858-7760
- □ Naha Airport: Arrival lobby on the 1st floor of Naha Airport Domestic Passenger Terminal, 150 Kagamizu, Naha City, Okinawa 901 0142

<<References>>

- Manual for Welcoming Seniors and People with Disabilities Issued by: Japan Tourism Agency, Ministry of Land, Infrastructure, Transport and Tourism (March 2018) Refer to: https://www.mlit.go.jp/kankocho/news06_000352.html
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